

COVID Guidelines

Lions Camp Merrick operates under of Federal, State and County guidelines concerning COVID and other infectious diseases. The safety of our campers, staff and guests is always first in our daily operation of the Camp.

Campers and COVID

- 1) Campers must produce a valid test taken within **three** days prior to reporting to Camp
- 2) Vaccinations are not required but encouraged
- 3) Campers may elect to wear a mask if they desire. The Camp will not monitor mask usage of individual campers
- 4) Morning temperature checks will be taken. Considering the time of year and outdoor activities, temperature checks will not be taken again that day unless the nursing staff deems it to be necessary

These guidelines will be in effect for the 2023 camping season unless there is a change in CDC or County and State Health Departments.

Signature: _____ Date: _____

Lions Camp Merrick Photo/Video Release

I, _____, the parent of / legal guardian of
_____ give Lions Camp Merrick my permission to use the photographs/videos
for any legal use, including but not limited to: publicity, copyright purposes, illustration, advertising,
and web content.

Furthermore, I understand that no royalty, fee or other compensation shall become payable to me by
reason of such use.

OR

I, _____, the parent of / legal guardian of
_____ **DO NOT** give Lions Camp Merrick my permission to use the
photographs/videos for any legal use, including but not limited to: publicity, copyright purposes,
illustration, advertising, and web content.

Parent/Guardian's Signature: _____ Date: _____

Parent/Guardian's Name: _____

Child's Name: _____

Phone Number: _____

Parent or Guardian Information

Parent/Guardian _____ Relationship _____
Address _____ Phone () _____
City _____ State _____ Zip _____
E-mail _____ Cell phone () _____

Remit \$50 non-refundable registration fee along with registration to: LCM, PO Box 56, Nanjemoy, MD 20662

Please make check payable to: *Lions Camp Merrick* (Payments can also be made on UltraCamp or call to have an invoice sent through PayPal). **Camper participation fees are \$1,000 per week** and are due a minimum of two weeks prior to the start of camp. **For session 2, siblings are allowed to come, they have a participation fee of \$600.**

___ I am interested in receiving **financial assistance** to send my child to Lions Camp Merrick. Please send sponsorship information and an application package to the address listed above (Parent or Guardian Information).

___ **Family Diabetes Session¹** One camper and up to three family members. All participants must be at least five years old. There is a **\$50 registration fee** along with the participation fees of **\$200 per family member**.

| | Name | Relationship | Sex | Age | T-shirt size |
|----|-------|--------------|-------|-------|--------------|
| 1. | _____ | _____ | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ | _____ | _____ |
| 3. | _____ | _____ | _____ | _____ | _____ |



LIONS CAMP MERRICK
NOTICE OF PRIVACY PRACTICES



APPLICANT NAME: _____

In accordance with the HIPAA (Health Information Portability and Accountability Act), this notice describes how health information about you may be used and disclosed. Please review it carefully. The privacy of your health information is important to us.

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this notice while it is in effect. This notice took effect April 14, 2003 and remains in effect until we replace it. We reserve the right to change our privacy practices and the terms of this notice at any time; provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practice and the new terms of this notice effective for all health information that we maintain, including health information we created or received before we made these changes. Before we make a significant change in our privacy practices, we will change this notice and make the new notice available to you.

USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

Treatment: We may use or disclose your health information to a physician or other healthcare professional or provider who is or may be providing treatment to you.

Payment: We may use and disclose your health information to obtain payment or assist a medical facility in obtaining payment for services we provided or assisted in providing for you.

Healthcare operations: We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

Your authorization: In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this notice.

To your family and friends: We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare. This person is the one you have designated on your application to be your emergency contact person.

Others involved in your healthcare: We may use or disclose health information to notify, (including identifying or locating) a family member, your personal representative, or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or

APPLICANT NAME: _____

disclosures (if not a minor). In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

Research: We may disclose your protected health information to researchers when an institutional review board or privacy board has reviewed the research proposal and established protocols to ensure the privacy of the information, and approved the research. In addition, we may disclose your protected health information as part of a limited data set for purposes of research, public health or healthcare operations.

Marketing health-related services: We will not use your health information for marketing communications without your authorization.

Required by law: We may use or disclose your health information when we are required to do so by law.

Abuse or neglect: We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

National security: We may disclose to authorized federal officials' health information required for lawful intelligence, counterintelligence and other national security activities.

Camp practices: We may use e-mails, voicemail messages, faxes or letters, to obtain your health information pertinent to care that we will provide to you.

Electronic notice: If you receive this notice by electronic mail (e-mail), you are entitled to receive this notice in written form. Renewal will be annually.

Questions: If you have any questions or concerns, contact us at the address or phone number below.

| | |
|-----------------|--|
| Contact person: | Director Lions Camp Merrick P.O. Box 56 Nanjemoy, MD 20662 |
| Phone: | 301-870-5858 |
| E-mail address: | admin@lionscampmerrick.org |

In signing this form you agree that you have read and reviewed a copy of this notice and you also agree that we may disclose health information to the family member (s) and emergency contact person (s) you have designated on your application.

APPLICANT/PARENT/GUARDIAN SIGNATURE

DATE

Medical Information: To be completed by parent/guardian (if camper is a minor).

The intent of this information is to provide camp healthcare personnel with background information for appropriate care. Keep a copy of the completed forms for your records.

THIS FORM MUST BE COMPLETED AND RETURNED THREE (3) WEEKS PRIOR TO YOUR CAMPING SESSION.

Applicant Name: _____

Name and Phone # of family member - **other** than parent/guardian – who will be available in case of emergencies during entire camping session.

Name: _____ Cell Phone: _____

Daytime Phone: _____ Evening Phone: _____

Family Physician: _____ Phone: _____

Endocrinologist: _____ Phone: _____

Social Worker/Psychologist: _____ Phone: _____

Other: _____ Phone: _____

Relationship/Title: _____

| Allergies | List all known | Describe reaction and management of the reaction |
|-----------------------|----------------|--|
| Medication allergies: | _____ | _____ |
| | _____ | _____ |
| Food allergies: | _____ | _____ |
| | _____ | _____ |
| Other allergies: | _____ | _____ |
| | _____ | _____ |

Who will pick up applicant at the end of camp? _____

Relationship? _____

Please include any other information about your child that may help us make his/her camp experience more enjoyable. Attach additional sheets if necessary:

PERMISSION TO APPLY SUN SCREEN and/or INSECT REPELLENT

**** (MUST BE SIGNED BY BOTH PARENT/GUARDIAN AND PHYSICIAN)****

I, _____, (parent or guardian)
do hereby give permission to allow _____ (name of child)
and/or the assigned counselors/representatives of Lions Camp Merrick, to apply or assist
with the application of, the sun screen and/or insect repellent which has been provided by
me, while the child is participating in activities at Lions Camp Merrick in Nanjemoy, MD.

Furthermore, I attest that, to the best of my knowledge, the camper is not allergic to the
sun screen and/or insect repellent which has been provided.

Name of Sun Screen: _____

Name of Insect Repellent: _____

Permission granted by:

Printed name of Parent/Guardian: _____

Signature: _____ Date: _____

Attested:

Printed name of Physician: _____

Signature: _____ Date: _____

Physician's Medical Report

To be completed by medical personnel only!

Problems/Challenges

Camper Name _____

| | YES | NO | | YES | NO |
|---|--------------------------|--------------------------|--|--------------------------|--------------------------|
| Do you have/ever had Chronic Injury/Illness | <input type="checkbox"/> | <input type="checkbox"/> | Heart Problems/Chest Pain during/after exercise | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever been hospitalized or had surgery | <input type="checkbox"/> | <input type="checkbox"/> | Dizziness/passed out during/after exercise | <input type="checkbox"/> | <input type="checkbox"/> |
| Had mononucleosis/strep/infectious disease in the past 12 months | <input type="checkbox"/> | <input type="checkbox"/> | Eating Disorder/Ulcer/Stomach Aches | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | Diabetes: Type 1 ____ Type 2 ____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had Tuberculosis | <input type="checkbox"/> | <input type="checkbox"/> | Hypoglycemia/Low Blood Sugar | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have Hepatitis | <input type="checkbox"/> | <input type="checkbox"/> | Problems with diarrhea/constipation | <input type="checkbox"/> | <input type="checkbox"/> |
| Glasses/Contacts/Eyewear | <input type="checkbox"/> | <input type="checkbox"/> | Kidney Problems/Urinary Tract Infection | <input type="checkbox"/> | <input type="checkbox"/> |
| Ear Infections/Eye Infections | <input type="checkbox"/> | <input type="checkbox"/> | Bladder Control/Bedwetting | <input type="checkbox"/> | <input type="checkbox"/> |
| Deaf/HOH | <input type="checkbox"/> | <input type="checkbox"/> | Problems with joints (knees, ankles, back problems) | <input type="checkbox"/> | <input type="checkbox"/> |
| Hearing aids <input type="checkbox"/> Left <input type="checkbox"/> Right | <input type="checkbox"/> | <input type="checkbox"/> | Have an orthopedic appliance/mobility problems | <input type="checkbox"/> | <input type="checkbox"/> |
| Asthma/Breathing Problems/Sinusitis | <input type="checkbox"/> | <input type="checkbox"/> | Skin Problems/Athletes Foot | <input type="checkbox"/> | <input type="checkbox"/> |
| High Blood Pressure | <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Menstrual History (female camper only) | <input type="checkbox"/> | <input type="checkbox"/> |
| Frequent Headaches/Seizures | <input type="checkbox"/> | <input type="checkbox"/> | Difficulty Sleeping | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had head injury/knocked unconscious | <input type="checkbox"/> | <input type="checkbox"/> | Emotional Difficulties/Compulsive Behavior/ Inattention | <input type="checkbox"/> | <input type="checkbox"/> |
| Other | <input type="checkbox"/> | <input type="checkbox"/> | Was help sought for any of the above? | <input type="checkbox"/> | <input type="checkbox"/> |

If answered yes to any of the above, please explain:

Dietary Restrictions: Does not eat: Red meat Eggs Dairy Pork Poultry Seafood Other: _____

Other restrictions or limitations: (what cannot be done, what adaptations or limitations are necessary)

Medications: (check one) Applicant takes **NO** medications on a routine basis.

This person takes medications, see below.

Please list all medications being taken routinely (including over-the-counter herbal or non-prescription drugs). Bring enough medication to last the **entire time at camp**. Keep all medication in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of dosage.

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #3 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications. Identify any medications taken in the past year that participant will/will not take during the summer (i.e. Ritalin, Zoloft): _____

Applicant Name: _____ DOB: _____ SEX: M F

Which of the following has the applicant had or has been exposed to?

| | |
|--|---------------------------------------|
| <input type="checkbox"/> Measles | <input type="checkbox"/> Mumps |
| <input type="checkbox"/> German Measles | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Chicken/Small Pox | <input type="checkbox"/> Diphtheria |
| <input type="checkbox"/> Hepatitis A | <input type="checkbox"/> Mono |
| <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Strep |
| <input type="checkbox"/> Hepatitis C | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Rheumatic Fever | |

Immunization Record. All Applicants under 18. Please give dates of immunization **or attach current copy.** (Out of state participants must comply with Maryland requirements.)

| Vaccine | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr |
|-----------------------|-------|-------|-------|-------|-------|
| PT/TD | _____ | _____ | _____ | _____ | _____ |
| Polio | _____ | _____ | _____ | _____ | _____ |
| Measles | _____ | _____ | _____ | _____ | _____ |
| Mumps | _____ | _____ | _____ | _____ | _____ |
| Rubella | _____ | _____ | _____ | _____ | _____ |
| Haemophilus Influenza | _____ | _____ | _____ | _____ | _____ |
| Hepatitis B | _____ | _____ | _____ | _____ | _____ |
| Varicella | _____ | _____ | _____ | _____ | _____ |

Height: _____ Weight: _____ Pulse: _____ Respiration: _____ BP: _____

Date of last Glycosolated Hemoglobin: ____/____/____ Result: _____ Normal Range: _____

Tuberculosis/Mantoux Test Must be within last 12 mo. (STAFF 18 and Over) Date of last test _____ Result: Positive Negative

Health Care Recommendations by licensed Medical Personnel

The purpose of this examination is to determine that the applicant is physically fit to engage in strenuous camping activities without harm to himself/herself and does not have a contagious or infectious condition that could be conveyed to others.

CODE: Satisfactory = X Unsatisfactory = U (EXPLAIN CONDITIONS BELOW) Not Applicable = NA

| | | | | |
|------------------|-----------------|---------------------|------------------------|------------------------------|
| ____ Eyes | ____ Glasses | ____ Ears | ____ Hearing Impaired | ____ Hearing Aids Left/Right |
| ____ Heart | ____ Teeth | ____ Nose | ____ Throat/Tonsils | ____ Lungs |
| ____ Extremities | ____ Feet | ____ Athlete's Foot | ____ Posture | ____ Abdomen |
| ____ Hernia | ____ Urinalysis | ____ Genitalia | ____ Menstrual History | ____ Other |

Explanation of Unsatisfactory Findings: _____

List any illnesses, surgery or infectious diseases the applicant may have had in the last twelve (12) months: _____

In my opinion, the above individual (IS / IS NOT) able to participate in an active camp program.

Restricting Condition and Explanation: _____

Medications to be taken at camp (name, dosage, frequency): **Please attach additional pages if needed.**

Known allergies: _____

Any medically prescribed meal plan or dietary restrictions: _____

Any other health problems, physical or emotional disabilities: _____

Additional information for health care staff at camp: _____

Name, contact information and signature of Physician or Other Licensed Personnel (REQUIRED)

Print Name _____ Title (if other than physician) _____

Address _____ City _____ State _____

Zip _____ Phone _____ Date _____

Signature _____ My License expires on _____

Insurance Information and Authorizations

Applicant Name: _____

Insurance: Please attach a copy of your Insurance or Medicaid Card. Also, attach completed and signed insurance forms along with referrals/authorizations if they are appropriate.

Insurance Co. _____ Policy _____ Group _____
 Subscriber's Name _____ Relationship to camper _____
 Claims Address: _____ City _____ State _____ Zip _____
 Insurance Co. Telephone (_____) _____
 Medicaid/Medicare Card # _____ Cardholder Name _____
 Eligible for Medicaid Yes _____ No _____ From Date: _____ Expiration Date: _____

Authorizations:

Insurance/Services: I understand that there is no group medical coverage for services rendered or to be rendered and I hereby assign and transfer any benefits otherwise payable to me for my benefit under hospitalization, health or accident insurance, any other insurance coverage, to include major medical benefits, for the payment of services rendered. If a Medicare or Medicaid patient, I certify that the information given by me in applying for payment under TITLE XVII of the Social Security Act is correct. I request that payment of authorized benefits be made in my behalf. I understand that regardless of my assigned insurance benefits, I am responsible for total charges in consideration for services rendered

INITIALS _____

Medical Release: I authorize release of any medical information requested by representatives of local, state or federal agencies, insurance companies or other organizations as may be required. The health history is correct and complete as far as I know. I give permission to the camp to provide routine health care, administer prescribed medications, as well as over the counter medications (including sunscreen and insect repellent), and seek emergency medical treatment onsite or via EMT, Ambulance and/or including x-rays or routine tests. *(In addition, For Diabetes Camp ONLY I give permission for insulin dosage changes and daily glucose monitoring as deemed necessary by the NP or physician.)* I agree to the release of any records necessary for insurance purposes. I authorize the Camp to arrange emergency and follow-up related transportation. In the event a family member or guardian cannot be reached in an emergency, I authorize the physician selected by the camp to secure and administer treatment, including hospitalization, injection, anesthesia or surgery as well as follow-up treatment as needed.

INITIALS _____

HIV: I authorize the Camp medical staff to make arrangements and obtain specimens for documentation of the HIV/HBV status on the person named above. I understand this will only be performed in a situation of an occupational exposure incident that involves the camper/staff. *An occupation exposure incident is defined as a situation when camper/staff has been in contact with blood, body fluids or potentially infectious materials from a camper/staff (e.g. the employee accidentally touches a bleeding wound).* Regulations require that we perform measures to prevent exposure incidents; however, if an incident does occur, the staff and camper involved should be tested. Blood tests will be performed by a nearby local hospital/clinic. I understand that all results will be given to me and that the Camp will not disclose the results of these tests to others except as required by law or as necessary to safeguard the well being of health care professionals, Camp medical staff, or other persons at risk. I understand that the absolute confidentiality of the test results cannot be guaranteed although all measures required by law to ensure confidentiality will be followed and that the results will be placed in the Lions Camp Merrick Exposure Control record in the camp office.

INITIALS _____

Hold Harmless: I do hereby agree to indemnify and hold Lions Camp Merrick and its directors, agents, volunteers, and/or employees harmless from any and all damages, claims, expense or costs of whatever nature, causes of action, suits and liability of every kind including attorney fees, for injury to or death, or for damage to any property, arising out of or in connection with use or occupancy of the premises or participation in the Camp programs, except where such injuries, death or damages are caused in whole or in part by the negligence of Lions Camp Merrick, or joint negligence of Lions Camp Merrick and any other person or entity employed by the Camp.

INITIALS _____

Search and Seizure: As a condition of participation and in order to provide a safe environment for all persons, Lions Camp Merrick adopts a policy of reasonable search and seizure of any person or personal property in situations of suspected theft, illegal drugs, or possession of contraband items such as weapons, fireworks and alcohol. Your signature and initials on this document will be deemed as a written consent to such reasonable searches and seizures and a waiver of all claims against Lions Camp Merrick for conducting the same.

INITIALS _____

Consent: The applicant agrees to attend and participate in activities at Lions Camp Merrick. I understand that the program may include field trips and canoe trip/over-night camp outs which may include transportation from and to the Camp and give permission to participate in such field trips, high ropes, low ropes, swimming, sports games and archery. I understand that pictures, audiotapes, and videotapes may be taken for use in publicity that is in the proper interest of the Camp and agree to this.

INITIALS _____

Signature of parent/guardian/applicant

Printed name of parent/guardian/applicant

Date

LIONS CAMP MERRICK Swimmer Ability Form

This form will be made available to the Waterfront/Water Safety Instructor (s).

Camper Name: _____ Nick Name: _____ Session(s): _____

Age: _____ Gender: _____ Weight: _____ Height: _____

Swimming Abilities (circle the correct response):

- | | | | | |
|----|--|-----------|----------|---------------|
| 1. | Is camper independent in shallow water? | _____ Yes | _____ No | _____ unknown |
| 2. | Is camper independent in chest-high water? | _____ Yes | _____ No | _____ unknown |
| 3. | Is camper independent in deep water? | _____ Yes | _____ No | _____ unknown |
| 4. | Is camper afraid of water? | _____ Yes | _____ No | _____ unknown |

If answered yes, please describe any experience in the past that might have caused such a fear:

- | | | | |
|----|--|-----|----|
| 5. | Will camper need assistance getting in or out of the pool? | Yes | No |
| 6. | Can camper swim independently? | Yes | No |

If yes, describe swimming strokes and techniques he or she can do:

7. Is camper sensitive to pool water in any way? (allergies, sensitive to sun, ear trouble, etc). Yes No
Explain as necessary _____

- | | | | |
|----|---|-----|----|
| 8. | Does camper need or use a flotation device? | Yes | No |
|----|---|-----|----|

9. Please list any special concerns we should be aware of:

Signature of Parent/Guardian

Date

**LIONS CAMP MERRICK
Meal Plan**

To be completed by Parent/Guardian (if applicant is a minor)

Applicant's Name: _____

Please be sure to complete all appropriate sections of this form. It is also important that accurate information is given. Please do not list what your prescribed meal plan is unless that is what you follow at least $\frac{3}{4}$ of the time. We want to know what you are actually eating.

While at camp, diets may be altered to accommodate the increased energy needs often required because of more vigorous activity. Be assured that a Registered Dietician, who works often with children and adolescents with diabetes, will be making any changes that are necessary.

Usual Meal Plan at Home – please check one:

_____ No Concentrated Sweets _____ Exchange Lists _____ Carbohydrate Counting

Please record pattern: _____

Exchange Pattern; Specify number of Calories: _____

Please record pattern: _____

Please list two examples of foods and amounts for meals/snack that might be eaten. (If the applicant is over 12 years old, please allow them to complete this section). We will use the examples given to devise a meal plan. Please be sure this information is as close to usual as possible.

BREAKFAST

Example 1: _____

Example 2: _____

MORNING SNACK

Example 1: _____

Example 2: _____

LUNCH

Example 1: _____

Example 2: _____

AFTERNOON SNACK

Example 1: _____

Example 2: _____

EVENING MEAL

Example 1: _____

Example 2: _____

BEDTIME SNACK:

Example 1: _____

Example 2: _____

Please mail/email this form along with the forms listed below to the Camp Administrative Office:

- I have received my Lions Camp Merrick Parents' Information Handbook (Keep as a Reference).
- I have enclosed the following:
 - Notice of Privacy Practices – HIPAA Form which is signed and dated.
 - Insurance/Authorizations Form - completed, initialed and signed.
 - Medical Information Form - completed and signed.
 - Physician's Medical Report along with Immunization Record - signed and dated.
 - Insulin Dose Information Form (Diabetes Camp Only) – completed.
 - Meal Plan Form (Diabetes Camp Only) – completed.
 - Behavior Policy - signed and dated.
 - Swimmer Ability Form - completed, signed and dated.
 - Photo/Video Waiver
 - Covid Guidelines
- I have included a check or money order for the appropriate camper fee.
- A one-time \$50 Registration Fee has been submitted.
- I HAVE ENCLOSED A FRONT AND BACK COPY OF APPLICANTS INSURANCE CARD AS WELL AS A RECENT PHOTO.**

Return all forms to:

Lions Camp Merrick
PO Box 56
Nanjemoy, MD 20662

-or-

Email to: admin@lionscampmerrick.org

**PLEASE ATTACH CAMPER
PHOTO HERE**

Camper Name: _____

Please submit forms at least three weeks prior to camping session